**Mplus Workshop 1: Example Codebook**

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| **Variable Name** | **Description** | **Scale** |
| PID | Participant ID | String variable |
| Health | Self-reported health in relation to others of the same age (T204) | Continuous variable  1 = very poor  2 = poor  3 = fair  4 = good  5 = excellent |
| Weight | Self-reported weight in pounds (T216G) | Continuous variable |
| Active | Self-reported activity level (T1806D) | Dichotomous variable  0 = no  1 = yes |